



**Kensington & Chelsea  
Local Involvement Network**

Unit 25, Shaftesbury Centre

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[www.rbkclink.org](http://www.rbkclink.org)

**minutes of meeting**

<b>project title</b>	Kensington & Chelsea Local Involvement Network		
<b>meeting type</b>	Physical Disabilities Sub-Group Public Meeting		
<b>minute no</b>	M-8	<b>Ref</b>	LINK
<b>held at</b>	St Philips Church, Earls Court Road, Kensington, London, W8 6QH	<b>held on</b>	9 <sup>th</sup> September 2010
	Patricia Gani Gaenor Holland-Williams Jeannie Lamb Mona Vandame Augustin Rivera  Guest: Bini Suresh  Host: Simone Hall Chris Conn	K&C LINK Management Group member (Stepped in to Chair meeting) K&C LINK Management Group member Kensington & Chelsea LINK member Kensington & Chelsea LINK member Kensington & Chelsea LINK member  Diabetes Dietician, K&C Community Diabetes Team  LINK Administrator LINK Development Officer	
<b>apologies</b>	Margaret Cairns-Irven; Florence Joseph; Frederike Hickey;		

# minutes of meeting

Item	Welcome & Introductions	Action
1.0	Patricia Gani welcomed those attending the meeting including guest from K&C Community Diabetes Team.	
2.0	<b>Agreement of Previous Minutes – 13<sup>th</sup> July 2010</b>	
	Patricia went through minutes of previous sub-group meeting and they were accepted.	
3.0	<b>Presentation on Diabetes Awareness – Bini Suresh, Dietician for Community Diabetes Team</b>	
	<p>Bini Suresh gave a presentation looking at Diabetes Awareness. The aim of the presentation was to make the harder to reach group in Kensington such as the elderly and ethnic groups more aware of the symptoms of diabetes.</p> <p>The areas covered in the presentation Include;            General Diabetes Awareness; Looking for signs of having Diabetes; Information on healthy eating; Pointers and advice on living with Diabetes; Courses run to support people with Diabetes.</p> <p>Bini Suresh pointed out that South Asia and African Caribbean ethnic group are the two groups most likely at risk of developing diabetes. One of the risk factor is weight gain. Looking after ones weight is the key to addressing diabetes. A balance between physical activity and ones diet is important.</p> <p><b><u>Diabetes group in Kensington &amp; Chelsea</u></b></p> <p><b>Diabetes Support Group</b> – For anyone suffering from diabetes. 3<sup>rd</sup> Monday of each month, 6 – 8pm at Church of St Philips, Earls Court Rd, London, W8 6QH.</p> <p>Members are asked to forward details of this group to anyone they know with diabetes.</p>	
4.0	<b>Update on ‘Access to GPs’ Questionnaire</b>	
	<ul style="list-style-type: none"> <li>- 145 copies of the questionnaire have been distributed out of 200 printed.</li> <li>- The ‘Access to GPs’ survey will come to a close at the end October.</li> </ul>	

**minutes of meeting**

<b>5.0</b>	<b>Forward Planning</b>	
	<p>Discussion took place around plans for the next project and the group decided to carry out a survey looking 'Access to Dentistry'. A questionnaire will be designed and will reflect the below:</p> <ul style="list-style-type: none"><li>• To be an informative questionnaire which includes information about dentistry to educate those that complete it?</li><li>• LINK should to consult with NHS K&amp;C on helpful information to be included in the questionnaire.</li><li>• The questionnaire is to be rolled out in New Year.</li></ul>	
<b>6.0</b>	<b>Date and venue of next meeting</b>	
	<p><b>Date:</b> Thursday, 11<sup>th</sup> November <b>Time:</b> 3pm -5pm <b>Location:</b> 1 Thorpe Close, Ladbroke Grove, London, W10 5XL</p>	