



**Kensington & Chelsea
Local Involvement Network**

Unit 25, Shaftesbury Centre

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minutes of meeting

project title	Kensington & Chelsea Local Involvement Network																														
meeting type	Mental Health Sub-Group Meeting																														
minute no	M - 9	Ref																													
held at	London Lighthouse, 111- 117 Lancaster Road, Ladbroke Grove, London, W11 1QT	held on	4 th November 2010																												
Present	<table border="0"> <tr> <td>Asheraf Hussain</td> <td>4Minds Project</td> </tr> <tr> <td>Catherine Larkin</td> <td>K&C LINK Member</td> </tr> <tr> <td>David Taylor</td> <td>K&C LINK Member</td> </tr> <tr> <td>Ivan Moore</td> <td>Joint Chair of K&C LINK Mental Health Sub-group</td> </tr> <tr> <td>Margaret Feast</td> <td>K&C LINK Member</td> </tr> <tr> <td>Moramay Nunez -Trejos (Mimi)</td> <td>K&C LINK Member</td> </tr> <tr> <td>Robin Tuck</td> <td>Joint Chair of K&C LINK Mental Health Sub-group</td> </tr> <tr> <td>Sue Riley</td> <td>K&C Resident</td> </tr> <tr> <td>Guest:</td> <td></td> </tr> <tr> <td>Angela Ainslie</td> <td>Health Improvement Specialist West London Bowel Cancer Screening Centre</td> </tr> <tr> <td>Virginia Griffin-Monk</td> <td>Counsellor, Fit for Work Service, St Charles Hospital</td> </tr> <tr> <td>Emily Duval</td> <td>Fit for Work Service, St Charles Hospital</td> </tr> <tr> <td>Host:</td> <td></td> </tr> <tr> <td>Simmone Hall</td> <td>LINK Administrator</td> </tr> </table>			Asheraf Hussain	4Minds Project	Catherine Larkin	K&C LINK Member	David Taylor	K&C LINK Member	Ivan Moore	Joint Chair of K&C LINK Mental Health Sub-group	Margaret Feast	K&C LINK Member	Moramay Nunez -Trejos (Mimi)	K&C LINK Member	Robin Tuck	Joint Chair of K&C LINK Mental Health Sub-group	Sue Riley	K&C Resident	Guest:		Angela Ainslie	Health Improvement Specialist West London Bowel Cancer Screening Centre	Virginia Griffin-Monk	Counsellor, Fit for Work Service, St Charles Hospital	Emily Duval	Fit for Work Service, St Charles Hospital	Host:		Simmone Hall	LINK Administrator
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Apologies	Sheila Hicks, Janet Finley, Theresa Bridgeman, Catherine El-Houdaigui, Aidan Moloney
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Item	Welcome & Introductions	Action
1.0	Ivan Moore welcomed everyone to the meeting including guests from NHS Kensington & Chelsea.	
2.0	Minutes of the last meeting – 2nd September, 2010	
	<p>Amendments Page 4, 1st paragraph – ‘Quality Health’ should be written as Care Quality Commission.</p> <p>The minutes were approved</p>	
3.0	Presentation on ‘Fit for Work’ - Virginia Griffin-Monk (Counsellor, Fit for Work Service, St Charles Hospital)	
	<p>Virginia Griffin-Monk and Emily Duval gave a presentation on Kensington & Chelsea ‘Fit for Work’ service.</p> <p>Virginia Griffin-Monk explained that the ‘Fit for Work’ Service is for residents who live in the borough who are employed, but who have signed off work due to sickness for a significant period.</p> <p>This is a free service that aims to help people who have been out of work for two weeks or more to return to work as quickly as possible. The service covers sickness, mild to moderate mental health conditions, and other working conditions. The service will look to educate clients on how to look after their health and gain motivation to help them to get back into work.</p> <p>Virginia Griffin-Monk explained that the ‘Fit for Work’ Service is currently a pilot and is due to expire in march 2011.</p> <p>Referrals to the ‘Fit for Work’ service can either come from GP’s, employers with individuals agreement or through self referrals by calling 020 8962 7690, emailing ffwskc@nhs.net or downloading a form from www.kc-pct.nhs.uk/fitforwork</p>	

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	<p>Discussion</p> <p>Q. Will a police record affect an individual chance of obtaining work?</p> <p>Ans. Virgina Griffin-Monk - 'Fit for Work' does not cover CRB so unable to comment.</p> <p>Q. Is your organisation working with people at work as well to educate the managers about the factors affecting workers?</p> <p>Ans. Virgina Griffin-Monk -This is not part of what 'Fit for Work' offer. Organisation such as Action Disability Kensington and Chelsea (ADKC) and MIND covers this area</p> <p>Q. Is 'Fit for Work' well known to GP's?</p> <p>Ans. Griffin-Monk - Fit for work is doing all they can to make the service well known to GP's.</p> <p>Q. What about people with more than mild to moderate mental health problems? Does your organisation work with them?</p> <p>Ans. Emily Duval - The 'fit for work' project is short term so only offer services that will make an impact in the short term. People with more severe mental health needs will be referred to other suitable services / organisation.</p> <p>Q. Is it necessary to have to go through a GP?</p> <p>Ans. Virgina Griffin-Monk - There is a self referral route but most referrals would go through a GP.</p> <p>Q. What is the range of services on offer?</p> <p>Ans. Virgina – Therapeutic treatment are offered. These are customised to the needs of the clients.</p>	
<p>4.0</p>	<p>Presentation on West London Bowel Cancer Screening Programme - Angela Ainslie Health Improvement Specialist West London Bowel Cancer Screening Centre</p>	
	<p>Angela Ainslie from West London Bowel Cancer Screening Programme spoke about the bowel cancer screen programme that Imperial College runs.</p> <p>Angela informed the group that the screening is designed to look for evidence of disease in healthy individuals with no known symptoms. The aim is to detect disease at an early stage when</p>	

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	<p>there is a better chance of successful treatment.</p> <p>The Bowel Cancer Screening Programme open to men and women aged 60 to 69 years, although people aged 70 years or over can request screening. Screening is offered every two years to the eligible population.</p> <p>For further information about bowel cancer screening, or if you have any questions please telephone 0800 707 60 60 or go to: http://www.cancerscreening.nhs.uk/bowel/</p>	
5.0	Update on change to Mental Health Welfare Benefits – Ivan Moore	
	<p>Ivan Moore introduced to the group a summary of the proposed changes to Mental Health welfare Benefits and written information about forth-coming transfer from income support, incapacity benefit and sever disablement allowance to employment and support allowance. The information was put together by Kensington Citizen Advice Bureau.</p> <p>The group discussed the content of the document and agreed that K&C LINK should look to join in with local / national organisations such as National MIND, Rethink, Disability Alliance and Kensington & Chelsea MIND to voice their concerns about the forthcoming changes to benefits that will affect mental health service users.</p> <p>Action: LINK to write to Mary Gardiner, Chief Executive Officer at Kensington & Chelsea social Council to see whether they are to act as an umbrella organisation in regards to any possible social protest action in relation to financial redundancies to the services including mental health</p>	Ivan Moore
	Date and venue of next meeting	
	<p>Date: Tuesday 18th January Time: 3 – 5pm Venue: Kensington United Reform Church, Allen Street, Kensington, London W8 6BL</p>	All