



**Kensington & Chelsea
Local Involvement Network**

Unit 25, Shaftesbury Centre

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www.rbkc.org

minutes of meeting

project title	Kensington & Chelsea Local Involvement Network		
meeting type	Mental Health Sub-Group Meeting		
minute no	M - 10	Ref	
held at	London Lighthouse, 111- 117 Lancaster Road, Ladbroke Grove, London, W11 1QT	held on	18 th January 2011
Present	Bernadette Isturis Cady Stone Catherine Larkin Ivan Moore Margaret Feast Moramay Nunez -Trejos (Mimi) Nafsika Thalassis Robin Tuck Guest: Mark McDonagh, Anne Hopewell Host: Simone Hall Chris Conn	Advocate for Mental Health K&C Forum K&C LINK Member Joint Chair of K&C LINK Mental Health Sub-group K&C LINK Member K&C LINK Member BME Health Forum Joint Chair of K&C LINK Mental Health Sub-group Central London Community Healthcare NHS Trust User Involvement Coordinator RBKC LINK Administrator Development Officer	
Apologies			

minutes of meeting

Item	Welcome & Introductions	Action
1.0	Ivan Moore welcomed everyone to the meeting including guests from Central London Community Health Care (CLCH) and Royal Borough of Kensington & Chelsea (RBKC).	
2.0	Minutes of the last meeting – 4th November, 2010	
	<p>Action to carry over to next meeting: Ivan Moore to follow on item 5.0 – To contact Kensington & Chelsea social Council regarding possible social protest action in relation to financial redundancies to services. The minutes were approved</p>	
3.0	<p>Presentation on Localised Mental Health Services - Mark McDonagh, Principal Therapist - Counselling Co-ordinator, Central London Community Healthcare NHS Trust (CLCH)</p>	
	<p>Mark McDonagh gave a presentation on Primary Care Psychological Health services provided by CLCH looking at the services on offer, the referral process and how the LINK can make a difference.</p> <p>Mark McDonagh explained that the psychological therapy services they provide operate in all GP surgeries across the Borough and from two hubs, St Charles and Gertrude Street, just behind the Chelsea and Westminster. Three services are offered; six to eight sessions of Counselling; up to 20 sessions of Cognitive Behavioural Therapist (CBT); and Guided Self Help.</p> <p>The service offered is short term and referrals are received from GP's.</p> <p>Discussion</p> <p>Q. How likely are people to know about services on offer? Ans. CLCH advertises the service it provides in areas such as GP surgeries.</p> <p>Q. How does it complement people on 'Care Programme Approach' (CPA)? Ans. Mark McDonagh - By acting as a gateway to</p>	

minutes of meeting

	<p>different type of sectors. An assessment is carried out during the first session to determine whether the person referred is suitable. Patients who require greater care will be referred on for secondary services.</p> <p>Comment. A member of the group commented that she is concerned that after the good work that is achieved at secondary care level people go on to primary care and do not get the level of care they need.</p> <p>Q. Are interpreters used? Ans. Mark McDonagh - Yes, they are specifically trained to interpret the language used locally and relay back what it said. Primary Care Psychological Health (PCPH) also has a female Counsellor who works in both Arabic and Somali.</p> <p>Q. Is there a waiting list for each of the two hubs? Ans. Yes, on average 8 weeks</p> <p>Q. Are people using secondary care services eligible to access the service provided by CLCH? Ans. Mark McDonagh - No, the service provided is for mild to moderate mental health needs.</p>	
4.0	Presentation on Service User Led Standards - Moramay (Mimi) Nunez -Trejos (K&C LINK member)	
	<p>Moramay Nunez -Trejos (Mimi) discussed with the group a set of eight standards that she had put together through research project developed through Hestia Housing & Support Service User Involvement team. The aim of the research is to develop a set of standards that is workable and meet the need of mental health service users.</p> <p>There is the intention to look to encourage organisations and project across the board to take part in developing a similar set of standards in Kensington & Chelsea</p> <p>Anyone who would like to volunteer to assist in this project should get in touch with LINK Host staff.</p>	All
5.0	Update on LINKs Befriending Scheme - Ivan Moore, Chair of K&C LINK Mental Health Sub-group	

minutes of meeting

	<p>Ivan Moore gave an update to the group on the outcome of the report from survey carried out by K&C LINK on the befriending scheme in Kensington and Chelsea. The aim of the survey was to collect evidence to prevent the befriending service from closing. The report was submitted to RBKC and Cllr Julie Mills. Ivan Moore feedback a decision was made to keep the befriending service running albeit at a reduced service</p> <p>After recent advertisement more than twenty volunteers are waiting to join the project and be matched with someone.</p>	
6.0	Discussion / Update	
	<p>Robin Tuck voiced his concern about changes in the health service bill due to be published week commencing 24th January and the cut in Health & Social Care services brought in by the new government.</p> <p>Robin Tuck commented that LINK should think about where we are now and to avoid getting caught up in the rush for change.</p>	
7.0	A.O. B	
	<ol style="list-style-type: none"> 1. The group discussed and decided that future meeting presentations topic should be around mental health issues only and alternative issues discussed at other forums. This will enable the group to be clear about its current work priorities. 2. K&C black and minority ethnic (BME) communities group is looking to set up a steering group project for bilingual people needing support and practical help. Anyone with ideas and would like to input into this group should contact K&C LINK staff. 	All
	Date and venue of next meeting	
	<p>Date: Tuesday, 8th March 2011 Time: 3 – 5pm Venue: St Philips Church, Earls Court Rd, London, W8 6QH</p>	All